

# Georgina (Gina) Farmer

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## Objective

Dedicated and effective Physiotherapist with over 20 years' experience specialising in children and young adults with neurological and musculo-skeletal conditions.

## Skills & Abilities

### STRENGTHS

- I assist families to solve difficulties that can arise for people with complex condition.
- I empower my clients and their carers to make informed decision for themselves.
- I establish good relationships with families and professionals to set, realistic objectives.
- I adapt personalised therapy programmes in order to fit with a variety of family situations.
- I teach skills to families and carers to increase their knowledge and handling awareness.
- I can see children in a variety of environments, (clinic, at home, school or leisure center).

### ACHIEVEMENTS

- Built sustained relationships with clients with long term conditions maintaining their independence and quality of life (the longest being 15 years).
- Supported a young woman with muscular dystrophy to transition into adulthood by initiating a work experience opportunity that resulted in permanent employment.
- Co-authored a published article: *'Chronic Abdominal Wall Pain in Children may be Improved By Physiotherapy'*
- Treated children who have undergone Dorsal Selective Rhizotomy (SDR) operations including provision of a strengthening programme before surgery.
- Developed good liaison skills with client, family and other agencies including the NHS to ensure a consistent approach to physiotherapy treatment for the child and family.
- Mediated to get effective treatment/support from local NHS services when this was felt to be a better for the client and family.
- Helped families coming to terms with the diagnosis of long-term conditions including one where their child had a serious heart condition affecting his ability to exercise

### COMMUNICATION

- Built sustained relationships with clients with long term conditions maintaining their independence and quality of life (the longest being 18 years).
- Supported a young woman with muscular dystrophy to transition into adulthood by initiating a work experience opportunity that resulted in permanent employment.
- Co-authored a published article: *'Chronic Abdominal Wall Pain in Children may be Improved By Physiotherapy'*
- Treated children who have undergone Dorsal Selective Rhizotomy (SDR) operations including provision of a strengthening programme before surgery.
- Developed good liaison skills with client, family and other agencies including the NHS to ensure a consistent approach to physiotherapy treatment for the child and family.
- Mediated to get effective treatment/support from local NHS services when this was felt to be a better for the client and family.
- Helped families coming to terms with the diagnosis of long term conditions including one where their child had a serious heart condition affecting his ability to exercise.

### LEADERSHIP

- Participation Lead at the Child Development Centre looking at ways to encourage the children in our care to have more say in their therapy.

## Education

### BSC, (HONS) PHYSIOTHERAPIST | 1991-1995 | KING'S COLLEGE UNIVERSITY, LONDON

- *Post Graduate Courses:*
  - ✓ June 1997 'The Johnstone Approach': Urias Air Splint
  - ✓ Nov 1999 Michelle Lee: Dyspraxia
  - ✓ May 2000 Oxford Gait Lab: Gait Analysis
  - ✓ Oct 2000 Introductory Workshop on Sensory Integrative Therapy
  - ✓ Nov 2001 Bobath 8-week course Sept
  - ✓ Oct 2002 SRH: In house Course on Delegation
  - ✓ March 2003 Kinetic Control Movement Dysfunction Course
  - ✓ May 2004 -2019 NHS Stat and Mandatory annual training including Child Protection Training Level 3
  - ✓ July 2004 Institute of Child Health GOS: Advanced Paediatric Rheumatology
  - ✓ Nov 2006 Snowdrop Trust: Palliative Care Day
  - ✓ April 2007 HES: Paul Harradine on Practical Podiatric Biomechanics
  - ✓ June 2007 dma Clinical Pilates: matwork/theraband course
  - ✓ Nov 2007 APCP: Annual Summer Conference
  - ✓ April 2008 Conference with joint presentation on Recurrent Abdominal Pain in Children
  - ✓ June 2009 onwards attended the Annual Kidz South Exhibition – Reading
  - ✓ June 2010 Sid Ahmed – 1-day Musculo-skeletal Injuries in Sporting Children & Adolescents
  - ✓ March 2011 NHS Trust Update day for Paediatric Clinicians in the Community
  - ✓ April 2011 NHS Trust Information session on Autism
  - ✓ May 2011 Oxford Centre of Enablement, Seating Assessment course
  - ✓ Nov 2012 Therapeutic Taping in Paediatrics by Esther de Ru, Great Ormond Street Hospital
  - ✓ July 2013 **Chronic Abdominal Wall Pain in Children may be Improved By Physiotherapy**  
Siba Prosad Paul, Ms Gina Farmer, Krishna Soondrum, David CA Candy Ref: *Indian Journal of Physiotherapy & Occupational Therapy. July-September 2013, Vol. 7, No. 3; 253-254*
  - ✓ Feb 2014 HABC Level 2 Award in Paediatric First Aid (QCF) Protraining
  - ✓ Nov 2016 Annual APCP conference
  - ✓ Oct 2017 Introduction to using CPIP with peer assessment on ranges of movements and reviewed annually
  - ✓ Nov 2017 APCP Conference Covering topics on MSK, pain and participation
  - ✓ Sept 2018 NHS Conflict Resolution
  - ✓ Oct 2018 NHS EHCP Writing Workshop (Aspirations – Needs – Outcomes – Provision)
  - ✓ ReSPECT Training

### MEMBERSHIPS AND PERSONAL DETAILS

- *Health Professionals Council Registration No. 49614*
- *Chartered Society of Physiotherapists Membership No. 55638*
- *Bobath Association of Bobath Trained Therapists Membership No. 966*
- *Association of Paediatric Physiotherapists Member No 104182SE*
- *Organisation of Chartered Physiotherapists in Private Practice Membership No 6836*
- *Disclosure and Barring Services Enhanced Certificate No: 001626038160*
- *Driving licence – Full UK Licence*
- *References are available on request.*

## Experience

### **3C WHEELCHAIR SERVICE | 2011 - DATE**

- See patients in their home, clinic or school environment
- Provide clinical input towards the assessment and provision of powered and manual wheelchairs
- Assist with reports and fitting of specialist wheelchairs for children and adults in the community.

### **SELF EMPLOYED PHYSIOTHERAPIST | PHYSIO4KIDS | 2004- DATE**

- See patients in their homes, clinic or school environment
- Maintaining a consistent approach to physiotherapy treatment for the child and family including where other agencies including the NHS and Education are involved.
- I am a BUPA, and CIGNA approved provider

### **BAND 6-7 PAEDIATRIC PHYSIOTHERAPIST | CHILD DEVELOPMENT CENTRE, CHICHESTER, W. SUSSEX | 1998 – 2019 (CURRENTLY ON STAFF DIRECT):**

- 2004: Set up and continue to lead treatment for children with non-specific abdominal pain
- 1998-2008 Worked in and became Lead Physiotherapist at Severe Needs School.
- Completed and maintained user guidelines and risk assessment for medical equipment
- 1999- 2007 Lead Physiotherapist in Paediatric Rheumatology
- 2015 Nominated Band 7 Lead for Paediatric MSK services for Trust
- 2016 Became Band 7 Lead for Participation
- 2017 Attendance at an Educational Tribunal to support current provision
- July 2019 Left Substantive post and joined the Staff Direct Team

### **SENIOR 2 PHYSIOTHERAPIST | OPTIMUM HEALTH SERVICES (NHS) TRUST | 1997-1998:**

- Senior 2 Physiotherapist for Adults with Learning Disabilities
- Lone working in the Community.
- Assisted with moving and handling courses for carers

### **JUNIOR PHYSIOTHERAPIST | BROMLY NHS TRUST, KENT | 1995-1997:**