

Curriculum Vitae

Georgina (Gina) Farmer Bsc.(Hons.) Physiotherapy; MCSP

Dedicated and effective Physiotherapist with over 15 years experience specialising in children and young adults with neurological and musculo-skeletal conditions.

Strengths

- I assist families to solve difficulties that can arise for people with complex condition.
- I empower my clients and their carers to make informed decision for themselves.
- I establish good relationships with families and professionals to set, realistic objectives.
- I adapt personalised therapy programmes in order to fit with a variety of family situations.
- I teach skills to families and carers to increase their knowledge and handling awareness.
- I can see children in a variety of environments, (clinic, at home, school or leisure centre).

Achievements

- Built sustained relationships with clients with long term conditions maintaining their independence and quality of life (the longest being 15 years).
- Supported a young women with muscular dystrophy to transition into adulthood by initiating a work experience opportunity that resulted in permanent employment.
- Co-authored a published article: '*Chronic Abdominal Wall Pain in Children may be Improved By Physiotherapy*'
- Treated children who have undergone Dorsal Selective Rhizotomy (SDR) operations including provision of a strengthening programme before surgery.
- Developed good liaison skills with client, family and other agencies including the NHS to ensure a consistent approach to physiotherapy treatment for the child and family.
- Mediated to get effective treatment/support from local NHS services when this was felt to be a better for the client and family.
- Helped families coming to terms with the diagnosis of long term conditions including one where their child had a serious heart condition affecting his ability to exercise.

Hobbies / Interests

- Before physiotherapy I worked as a matron in a boarding schools.
- I enjoy keeping in touch with my family around the world.
- I enjoy walking and have a long term project to walk the South West Coast Path.
- I enjoy singer and I am a member of two local amateur choirs.

Membership and Personal Details

- Health Professionals Council Registration No. 49614
- Chartered Society of Physiotherapists Membership No. 55638
- Bobath Association of Bobath Trained Therapists Membership No. 966
- Association of Paediatric Physiotherapists Member No 104182SE
- Organisation of Chartered Physiotherapists in Private Practice Membership No 6836
- Disclosure and Barring Services Enhanced Certificate No: 001406012321
- Driving licence – Full UK Licence
- References are available on request.

Contact Details:

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Private Career History

- **2004 – to date PHYSIO4KIDS set up as a Private Children’s Physiotherapist**
 - See patients in their homes, clinic or school environment
 - Maintaining a consistent approach to physiotherapy treatment for the child and family where other agencies including the NHS and Education are involved.
- **2010 - 2012 TT Mobility** as a Private Physiotherapist
 - Maintain working relationship with local companies to carry out comprehensive seating and equipment assessments
 - Assist private wheel chair provider with seating assessments based on the Oxford Proforma

NHS Career History

- **NHS 1998 – to date: Child Development Centre, Chichester, W. SUSSEX**
 - 2004: Set up and continue to lead treatment for children with non-specific abdominal pain
 - 1998-2008 Worked in and became Lead Physiotherapist at Severe Needs School.
 - Completed and maintained user guidelines and risk assessment for medical equipment
 - 1999- 2007 Lead Physiotherapist in Paediatric Rheumatology
- **1997 – 1998 OPTIMUM HEALTH SERVICES (NHS) TRUST, Lewisham, London**
 - Senior 2 Physiotherapist for Adults with Learning Disabilities
 - Lone working in the Community.
 - Assisted with moving and handling courses for carers
- **1995-1997 BROMLY NHS TRUST, Bromley, Kent - Rotational Physiotherapist**

Education and qualifications

- 1991-1995 Kings College London, BSc(Hons) Physiotherapy
- Post Graduate Courses:
 - ✓ June 1997 ‘The Johnstone Approach’: Urias Air Splint
 - ✓ Nov 1999 Michelle Lee: Dyspraxia
 - ✓ May 2000 Oxford Gait Lab: Gait Analysis
 - ✓ Oct 2000 Introductory Workshop on Sensory Integrative Therapy
 - ✓ Nov 2001 Bobath 8 week course Sept
 - ✓ Oct 2002 SRH: In house Course on Delegation
 - ✓ March 2003 Kinetic control Movement Dysfunction Course
 - ✓ May 2004 (+ annual updates) Child Protection Training Level 3
 - ✓ July 2004 Institute of Child Health GOS: Advanced Paediatric Rheumatology
 - ✓ Nov 2006 Snowdrop Trust: Palliative Care Day
 - ✓ April 2007 HES: Paul Harradine on Practical Podiatric Biomechanics
 - ✓ June 2007 dma Clinical Pilates: matwork/theraband course
 - ✓ Nov 2007 APCP: Annual Summer Conference
 - ✓ April 2008 Conference with joint presentation on Recurrent Abdominal Pain in Children
Is Abdominal Wall Pain a Cause of Chronic non-specific abdominal pain amenable to Treatment by Physiotherapy K Soondrum, G Farmer, et al: Ref: Arch Dis Child 2008; **93** (Suppl 1) A17
 - ✓ June 2009 onwards attended the Annual Kidz South Exhibition – Reading
 - ✓ June 2010 Sid Ahmed – 1 day Musculo-skeletal Injuries in Sporting Children & Adolescents
 - ✓ March 2011 NHS Trust Update day for Paediatric Clinicians in the Community
 - ✓ April 2011 NHS Trust Information session on Autism
 - ✓ May 2011 Oxford Centre of Enablement, Seating Assessment course
 - ✓ Nov 2012 Therapeutic Taping in Paediatrics by Esther de Ru, Great Ormond Street Hospital
 - ✓ July 2013 **Chronic Abdominal Wall Pain in Children may be Improved By Physiotherapy** Siba Prosad Paul, Ms Gina Farmer, Krishna Soondrum, David CA Candy Ref: *Indian Journal of Physiotherapy & Occupational Therapy. July-September 2013, Vol. 7, No. 3; 253-254*
 - ✓ Feb 2014 HABC Level 2 Award in Paediatric First Aid (QCF) Protraining