

Smart MOVES is a programme of fun physical activities which have been developed to offer children opportunities to support their learning in the classroom. The children can achieve success by progressing through the activities at their own pace and be actively involved in deciding what they want to achieve and monitor the progress they are making.



## How will it help?

**Smart MOVES** has been designed specifically to help:

- Self-esteem and confidence
- Co-ordination, balance and movement control
- Ball skills
- Listening and turn-taking
- Spatial and body awareness
- Organisation and sequencing
- Creativity and expression
- Social skills and listening skills
  - ... and it is FUN!



If you are happy for your child to be involved in <b>Smart MOVES</b>
please sign and return the consent form to
If you would like further information please contact

l	agree totaking part in the <b>Smart MOVES</b> Programme
	Parent/carer signature
	Year Teacher's name

Class.